BOARD OF DIRECTORS
Thom Adams
Board President
Marty Sexton
Vice President
Peter Tocchini
Treasurer
Desiree Ramos
Secretary
Gary Mason
Board Member
Theresa Timmer
Board Member
Kathleen Alexander
Board Member

STAFF
Amanda Friscia
Executive Director
Jim Dimauro
Warehouse Manager
Kris Russell
Distribution Assistant
Jeff Hock
Distance Driver
Lisi Martinez
Operations Coordinator
Rachelle Sutherland
Outreach Coordinator
Angela Dominguez
Office Manager
Kristin Hock
Distribution Assistant
Carl Audo
Distribution Assistant
Andi Whitlow
Warehouse Worker
Tricia Fernandez
Calfresh Outreach
Mark Veregge
Distribution Assistant

“People coming together to create hope for a dignified and abundant life for everyone.”
A YEAR LIKE NO OTHER
A message from the Food Bank director.

As 2021 ends, one thing is for sure; adaptability is a skill we have all learned and practiced. This last year we had an opportunity to take the changes made necessary in 2020 and to refine and improve our service to a community still so much in need. I am most proud of the people I work with daily. Our staff has increased, and the volunteer workforce is returning and growing. Together we have created a culture that welcomes you in and truly sees the need of each individual. The strength we have built together has made this organization more vital than ever. In 2021 we were able to evaluate the needs of the community and stretch our hand even further.

In total, we distributed 1.7 million pounds of food. We streamlined our food distribution process, providing a safe and efficient way to pick up food through our curbside distribution and offering a community farmstand available to all in need.

Home deliveries are still in high demand, and we are happy to provide those without cooking facilities with a simple and easy bag of easy-to-eat food. Our farmstand invites all community members to take what they need and give what they can.

Thank you to the staff, volunteers, donors, and many partners of the Food Bank.

Amanda Friscia
Executive Director
BRINGING LASTING CHANGE

No one goes hungry

We have faced many challenges that came with the uncertainty of COVID. A year later and we are still seeing the effects of the pandemic. The Food Bank has been a hub of resources for clients that has been essential to the Community of Fort Bragg. We have been able to shift from pre COVID ways to pandemic proof distribution.
COMMUNITY FARMSTAND

Cultivating compassionate giving

The Food Bank is thrilled to introduce our new Community Farmstand. We have rented space across the street from the main warehouse and we have created a space where the overflow of donated fresh and local produce is accessible to everyone including current clients and members of our community.

“I love fresh fruit and vegetables. I’m not a strict dieter. I don’t think that anything in life should be so regimented that you’re not having fun or can’t enjoy it like everybody else. Just know that fresh food is always going to be better for you.”

Carrie Ann Inaba
SERVING OUR COMMUNITY IN NEED

Our programs

Weekly Food Program
Once a week clients may visit the Food Bank to pick up food to supplement their weekly groceries. The average client leaves with 25-30 pounds of food. So what do they leave with? They can choose from dairy, meat protein, vegetarian, canned goods, dry goods, fresh produce, bread, beverages, and of course dessert.

Commodity Supplemental Food Program
The Commodity Supplemental Food Program (CSFP) provides a 30-40 pound box of nutritious food monthly for income-eligible seniors age 60 and older. CSFP Senior Box services are currently provided in Fort Bragg, Leggett, Laytonville, Willits, Ukiah, Anderson Valley, Point Arena, and Gualala.

Pay It Forward Pantry
Pay It Forward Pantry is a new pantry located at Fort Bragg High School. The pantry has items such as food and toiletries to clothing and school supplies. Kids can go before, during and after school to look at what is available. There are also microwaves and ways to heat up the food that the pantry has for the children. This is a successful program and we hope to keep this program and create others like it in the future at the other schools.

Kids Bag Program
This program provides families on the Mendocino Coast with a weekly supplemental bag of food. Families do not have to be clients of the food bank. This great program is funded by the J. G. Cummings Foundation and The Mendocino Coast Children’s Fund.

Home Delivery
For seniors and homebound individuals we offer a delivery service. Food Bank clients can request a home delivery up to once a week. Clients will receive their weekly food upon request.

<table>
<thead>
<tr>
<th></th>
<th>3,094</th>
<th>2,760</th>
<th>4,250</th>
<th>460</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Boxes Distributed</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kids Bag distributed monthly</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Individuals served</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reached annually</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>
The Fort Bragg Food Bank had an immense impact on our community in 2021. The increased need for our services combined with the unending generosity of volunteers and donors allowed us to thrive and expand to accommodate for the increased demand.
We couldn’t do it without you!

**OUR PARTNERS**

Thank you to our monthly donors!

- Marilyn Anderson
- Luna Armstrong
- Andrew and Linda Banta
- Mildred Bohannon
- Jeanette Boyer
- Bryant Burkhardt
- Anthony Cardinale
- Thomas Casey
- John B. Cinnamon
- Lorna Dennis
- Divine Assistants International
- Judith Edwards
- Fidelity Charitable
- Richard and Cecilia Goswell
- Stephen and Emily Gross
- Darby Haines
- Harvest Market
- Louis Johnston
- Linda Kalman
- Karla Kohler
- Floyd and Helen Lemley
- Carolyn Lurie
- Del Miller
- Mitchell Sprague and Robin Curry
- Ken and Cheryl Pogue
- Margaret Roberts
- Deborah Santos
- Joyce Schowengerdt
- Murven Sears II
- Marty Sexton
- Sharon Bowers & George Reinhardt
- The Blackbaud Giving Fund
- The Native Daughters of the Golden West Parlor 210
- Audrey Wells
- Jed Wheeler

Thank you to our generous food donors!

- Roundman's Smoke House
- Albertson's Company Foundation
- Cafe Beaujolais
- Columbi's Market & Deli
- Corners Of The Mouth
- D'Aurelios
- Fort Bragg Dollar Tree
- El Yuca
- Chico Gleaners
- Fort Bragg Bakery
- Garden Bakery
- Harvest Market At Mendosa's
- Harvest Market
- Hopper Dairy
- Little River Market
- Mendocino Coast Botanical Gardens
- Vinny’s Pizza and More
- Mendocino Cookie Co
- Redwoods In the Meadow Farm
- Adventist Health Mendocino Coast
- Nello’s Market & Deli
- Noyo Food Forest
- Purity Supermarket
- Helen Troxel
- Safeway
- Savings Bank Of Mendocino Co
- Thanksgiving Coffee
- Thomas Pepper

**Partner Agencies**

- Anderson Valley Food Pantry
- Gualala Food Pantry
- Hospitality House
- Laytonville Food Bank
- Leggett Food Pantry
- Mendocino Community Pantry
- Our Lady of Good Counsel
- Nuestra Allianza
- Pay it Forward Pantry
- Plowshares
- Point Arena Food Pantry
- Round Valley Food Bank
- Trinity Lutheran Church
- Ukiah Community Food Bank
- Willits Community Services
- Willits Daily Bread

**Mendocino County Food Distribution**

Food Pantry Locations

Soup Kitchen Locations
VOLUNTEERS IN ACTION

Thank you! Thank You! Thank You!

Our operation would not be the success that it is without the support and help of our valued volunteers. Our volunteers are up for any task great or small and add joy and love to our organization. These helpful hands do things from bagging produce and perishables into commodity bags, building Kids Bags for the families with children that do not need to be food bank clients to be a recipient, they help stock the farm stand and they help load the groceries into the vehicles at curbside. There is nothing our valued volunteers won’t do for the Fort Bragg Food Bank. For them we are truly grateful.

A day in the life of a Food Bank volunteer

- Arrive & Sign In
- Meet with Volunteer Coordinator and receive first task
- $35.56 Hourly rate for a volunteer in CA 2021
- 9,076 Volunteer hours for 2021
- $322,743 contributed by volunteers in 2021
- Check with Coordinator for next task
- Help distribute food at curbside
- Take a break & eat breakfast made by Kitchen Crew
- Find supplies and snacks needed for bag building
- Build Kids Bags
- Keep farmstand stocked rest of the day
- Sign out
- Volunteer shift complete. Community served & support given!
FINANCIALS

Fiscal year January 1 – December 31, 2021

How is the Food Bank funded?

Donations are our primary source of revenue, comprising 81% of our total revenue. We could not do this great work without support from people like you.

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donated Food</td>
<td>$891,286.00</td>
<td>41%</td>
</tr>
<tr>
<td>Individual Contributions</td>
<td>$515,647.00</td>
<td>24%</td>
</tr>
<tr>
<td>Foundations and Grantors</td>
<td>$357,525.00</td>
<td>16%</td>
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<tr>
<td>Government Contracts</td>
<td>$408,963.00</td>
<td>19%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$2,173,421.00</strong></td>
<td><strong>100%</strong></td>
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How is the Food Bank’s funding distributed?

We allocate 85% of our revenue back into our services, funding our programs and offerings to the fullest extent possible. The remainder is used to support our admin and operating costs which make all of this possible.

<table>
<thead>
<tr>
<th>Expenses</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$1,823,124.00</td>
<td>85%</td>
</tr>
<tr>
<td>General &amp; Administrative</td>
<td>$282,434.00</td>
<td>13%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$48,404.00</td>
<td>2%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>$2,153,962.00</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>
FEEDING OUR COMMUNITY

What it takes to run the Food Bank

Without our staff, none of this would happen. The organization of our donors, coordination of our volunteers, administrative tasks that keep things buzzing: all of this combines to create a Food Bank that is open, running and serving its community with a smile.