BOARD OF DIRECTORS
Julie Whipple
Board President
Thom Adams
Vice President
Peter Tocchini
Treasurer
Rosalie Scott
Secretary
Denise Kreienhop
Board Member
Gary Mason
Board Member
Theresa Timmer
Board Member
Desiree Ramos
Board Member
Kathleen Alexander
Board Member
Marty Sexton
Board Member

GUIDING US FORWARD
Those responsible for advancing the Food Bank’s mission.

STAFF
Amanda Friscia
Executive Director
Jim Dimauro
Warehouse Manager
Kris Russell
Distribution Assistant
Jeff Hock
Distance Driver
Lisi Martinez
Operations Coordinator
Rachelle Sutherland
Outreach Coordinator
Angela Dominguez
Office Manager
Kristin Hock
Distribution Assistant
Carl Audo
Distribution Assistant
Holly Ugolano
Distribution Assistant

“People coming together to create hope for a dignified and abundant life for everyone.”
A YEAR LIKE NO OTHER

A message from the Food Bank director.

Reflecting back on the year I am honored to have been a part of such a positive force in such a trying time. At the beginning of 2020 I had just finished my first year as the Executive Director. Having no idea that the year to come would hold more challenges than imaginable. I can truly say the Mendocino Food and Nutrition Program is stronger than ever.

In 2020, Mendocino County saw an increase in need of 33% year over year. We distributed 1,951,653 pounds of food across our food network of 10 food pantries and 5 soup kitchens. This could not have been done without the resourcefulness and heart of our team who created a safe and effective curbside food pick up. We also introduced home delivery to homebound seniors which further launched a new way of food banking.

As unemployment rates skyrocketed, our lines grew longer and people who never thought they would need the food bank relied on its abundance. The humanity of the food bank was clear and the movement was real. As we are forever changed because of the pandemic I am immensely grateful for the efforts of our food network in Mendocino County.

Thank you to the staff, volunteers, donors, and many partners of the Food Bank. Because of your heart and strength our community is stronger and more resilient.

Amanda Friscia
Executive Director
The Food Bank is committed to providing nutritious food that supports people in creating a healthy and better life. In 2020, many people qualified for the first time for food assistance programs. Some people were in danger of not receiving the nutritional support they needed because of the negative stigmas around food assistance. Our mission was to ensure no one went hungry out of shame or any other mitigating circumstances.

Changing our pick up times and days, implementing drive up box pick up and opening our community farm stand allowed us to break through the stigmas people feel around accepting food. Our caring and respectful staff and volunteers meet people with compassion and respect, no matter who they are or why they’re there. Food distribution is not seen as a handout, but as a resource for everyone.

**OUR IMPACT IN ACTION**

*Value of food distribution relative to cost.*

$1.00 donation

$5.03 worth of food distributed
COMMUNITY FARMSTAND

Cultivating compassionate giving

In 2020, the Fort Bragg Food Bank introduced our community farmstand, allowing community members to choose their own fresh fruits and vegetables, bread and other perishables. Giving people the opportunity to choose their own food and interact with their neighbors as they do so has created a place of friendship, sharing and an environment that cultivates dignity and respect: of each other and of themselves.

“Our caring respectful staff and volunteers meet people with compassion and respect, no matter who they are or why they are there.”
SERVING OUR COMMUNITY IN NEED

Our programs

**Weekly Food Program**
Once a week clients may visit the food bank to pick up food that will supplement their weekly groceries. The average client will leave with 25-30 pounds of food. So what do they leave with? Clients will choose from Dairy, Meat Protein, Vegetarian, Canned goods, Dry Goods, Fresh Produce, Bread, Beverages, and of course Dessert.

**Commodity Supplemental Food Program**
The Commodity Supplemental Food Program (CSFP) provides a 30-40 pound box of nutritious food monthly for income-eligible seniors age 60 and older. CSFP Senior Box services are currently provided in Fort Bragg, Leggett, Laytonville, Willits, Ukiah, Anderson Valley, Point Arena, and Gualala.

**Home Delivery**
For seniors and homebound individuals we offer a delivery service. If you are a client of the Food Bank you can request a home delivery up to once a week. Clients will receive their weekly food upon request.

**Snack Bag Program**
Tuesdays and Thursdays from 12-1 the Fort Bragg Food Bank now offers a sack lunch to homeless individuals. This is a pre-bagged lunch that included a sandwich, fruit, beverage, and snack. This program was funded with a grant from the Community Foundation of Mendocino County.

**Kids Bag Program**
This program provides families on the Mendocino Coast with a weekly supplemental bag of food. Families do not have to be clients of the food bank. This great program is funded by the J. G. Cummings Foundation and The Mendocino Coast Children’s Fund.
A huge thank you to all of our volunteers who put so much hard work into and devoted hours to helping at the Fort Bragg Food Bank. How things changed this year! With 75% of the long-time volunteers unable to make it in, everyone found new and creative ways to contribute. No matter how they were able to contribute, we say a hearty thank you! You are appreciated and treasured. We also had many volunteers join us during the pandemic. It was an absolute joy to have all these new faces become part of our team.

Old or new, our volunteers went above and beyond and did whatever was needed to move our mission forward. Home deliveries, answering phones, preparing food, working in food distribution— all these tasks and more were done with a smile.

The Fort Bragg Food Bank is forever grateful for every moment our volunteers are able to give to us. Thank you for choosing the Food Bank!

We welcomed teen volunteers!

Tuesdays & Thursdays we invited our teens in the community to come on down to the Food Bank and check out what volunteering is all about. We had indoor and outdoor tasks and loved having the youth around. Lunch was provided and there was plenty to do. Making food boxes, helping in the kitchen, giving out produce, folding bags, sorting donated food, are just a few of the jobs we had your help with.
2020 was an unprecedented year: it would be a record not only for us, but for food banks everywhere. During Covid we adapted to protect and serve our staff, volunteers and clients: we moved our operation outside to a curbside model that allowed safe and contactless food box pick up and offered home deliveries to seniors and immune compromised individuals. Also, in an effort to shorten lines and accommodate schedules, we offered food distribution 5 days per week. Even with these accommodations, we had a 70% decline in our volunteers due to stay at home orders and risk of illness. This meant each and every one of us had to work efficiently and effectively to meet our clients' needs.

Our community saw this increase in need happening to their neighbors and to the nation as a whole. They responded with a great outpouring of support with an increase in monetary donations over the previous year. Donations of food from local businesses as well as our partners also increased significantly this year.

This allowed us to get creative with our offerings: we opened our community Farm Stand, increased the amount and quality of the food we offered in our boxes, created a kid’s box for our younger clients and stocked our pantry at the Fort Bragg Highschool. All of this would not have been possible without the commitment and generosity of our donors and partners.
OUR PARTNERS IN HUNGER RELIEF

Local businesses supporting our mission

Not only do we provide our local Fort Bragg community with food assistance, but we also partner with soup kitchens and pantries all over the county to provide much needed support. Mendocino Food and Nutrition Program is a hub that other resources take advantage of to supply their communities with food.

Thanks to our donors, we always have a consistent supply of goods to distribute. This would not be possible without the support of these great businesses.

<table>
<thead>
<tr>
<th>Partner Organizations</th>
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<tbody>
<tr>
<td>Anderson Valley Food Pantry</td>
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<tr>
<td>Elk Community Pantry</td>
</tr>
<tr>
<td>Fort Bragg Food Bank</td>
</tr>
<tr>
<td>Fort Bragg Presbyterian</td>
</tr>
<tr>
<td>Gleanings</td>
</tr>
<tr>
<td>Gualala Food Pantry</td>
</tr>
<tr>
<td>Hospitality House</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Food Donors</th>
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</thead>
<tbody>
<tr>
<td>Cafe Beaujolais</td>
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<tr>
<td>Caito Fisheries Inc.</td>
</tr>
<tr>
<td>Carol Hall’s Hot Pepper Jelly Company</td>
</tr>
<tr>
<td>Chico Gleaners</td>
</tr>
<tr>
<td>Coastal Mendocino Association of Realtors</td>
</tr>
<tr>
<td>Columbi’s Market &amp; Deli</td>
</tr>
<tr>
<td>Corners Of The Mouth</td>
</tr>
<tr>
<td>D’Aurelios</td>
</tr>
<tr>
<td>El Yuca</td>
</tr>
<tr>
<td>Flow Restaurant &amp; Lounge</td>
</tr>
<tr>
<td>Fort Bragg Bakery</td>
</tr>
<tr>
<td>Fort Bragg Dollar Tree</td>
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<tr>
<td>Fort Bragg Fire Department</td>
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</tbody>
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FINANCIALS

Fiscal year January 1 – December 31, 2020

How is the Food Bank funded?
Donations are our primary source of revenue, comprising 77% of our total revenue. We could not do this great work without support from people like you.

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donated Food</td>
<td>$2,375,764.00</td>
<td>60%</td>
</tr>
<tr>
<td>Individual Contributions</td>
<td>$646,460.00</td>
<td>17%</td>
</tr>
<tr>
<td>Foundations and Grantors</td>
<td>$340,309.00</td>
<td>9%</td>
</tr>
<tr>
<td>Government Contracts</td>
<td>$546,373.00</td>
<td>14%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>$3,908,906.00</td>
<td><strong>100%</strong></td>
</tr>
</tbody>
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How is the Food Bank’s funding distributed?
We allocate 88% of our revenue back into our services, funding our programs and offerings to the fullest extent possible. The remainder is used to support our admin and operating costs which make all of this possible.

<table>
<thead>
<tr>
<th>Expenses</th>
<th>Amount</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$2,586,409.00</td>
<td>88%</td>
</tr>
<tr>
<td>General &amp; Administrative</td>
<td>$206,350.00</td>
<td>7%</td>
</tr>
<tr>
<td>Fundraising</td>
<td>$149,955.00</td>
<td>5%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>$2,942,714.00</td>
<td><strong>100%</strong></td>
</tr>
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</table>
FEEDING OUR COMMUNITY

What it takes to run the Food Bank

Without our staff, none of this would happen. The organization of our donors, coordination of our volunteers, administrative tasks that keep things buzzing: all of this combines to create a Food Bank that is open, running and serving its community with a smile.